



Children in need challenges for week commencing 18.10.2019 – just for fun!

Challenges

Find 10 people with different favourite healthy snacks.

Discover

Think of three foods that give you long lasting energy.

Moving

Blow up a balloon and keep it in the air as long as you can.

Tasting

Try food from another country.

Playing

Imagine and describe a fruit or vegetable that a pixie would eat.



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